

Aging with Connection and Purpose Workgroup

Meeting Minutes

Wednesday, Sept. 13th, 2017

9:00-11:00am

Sununu Room at TCCAP in Tamworth

Attendance: Sandy Ruka, VNHCH; Emily Benson, C3PH PHAC; Marianne Jackson, Gibson Center Board Member; Jeff Jones, C3PH PHEP; Carissa Elphick, ServiceLink; Sue Ruka, Memorial Hospital; Jon Freeman, NCIC; Roxie Severance, RS Consulting; Victoria Laracy, MWV Housing Coalition.

Review Organizational Chart (see draft chart at end of minutes): reviewed alignment with state aging committees as well as NH Alliance for Healthy Aging.

- State Committee on Aging: Current Carroll County representative Norma Brettell on SCOA is stepping down, Emily in contact with representatives at DHHS to bring forward a new Carroll County representative to have approved by Governor and Council. Marianne suggested Deborah Fauver. Emily will contact her to determine her interest.
- Members agreed to have Aging Workgroup serve as the Area Committee on Aging for Carroll County. Carissa shared the challenges other regions of the state have been having identifying committees to share concerns about aging issues at state level. ServiceLink Advisory Councils have played that role in past, which makes our Aging Workgroup a good fit, since it also serves as Carroll County Service Link's Advisory Council.

Emily shared Aging with Connection and Purpose DRAFT work and evaluation plan (see attachment included in email):

- Please review and share comments with Emily by Oct. 30th. The goal is to include programs and strategies taking place in Carroll County to demonstrate the role all organizations are playing in addressing the issues of Aging.

Review Carroll County strategies:

- **Nutrition:**
 - Meals on Wheels and congregate meals programs: no new updates
 - Sue reminded everyone of the slow cooker programs Joy Gagnon is offering at Gibson Center with support of Memorial Hospital
- **Transportation:**
 - Carroll County Regional Coordination Council: Catalina Kirsch (Continuum of Care Facilitator for C3PH) is attending these quarterly meetings. Please contact

her with any transportation stories to bring forward at their next meeting at continuum@c3ph.org .

- Carroll County Rep on AHA Transportation Strategic Group: No one is interested at this time, instead encouraging a connection be made between this group and the state transportation Regional Coordinating Councils.

- **Housing:**

- Strategies:

- **ADU Program Education Outreach Project with MWVHC:** Marianne Jackson & Victoria Laracy were able to acquire grant funding through AARP to educate people in bringing ADU's to their communities. This effort is generating a lot of interest from across NH: <http://states.aarp.org/conway-housing-coalition-receives-aarp-community-challenge-grant/> . Carissa Elphick offered space outside Service Link Offices in Tamworth for display info, and can bring this info "on the road". Please contact Marianne Jackson (mjaxnmd@gmail.com) and Victoria Laracy (vlaracy@mwvhc.com) about ideas for events. A video will be created about ADU's through partnership with Valley Vision. This project is focused on current homeowners having the space in their homes to offer space through the ADU program. For more info about ADU's: <http://www.nhhfa.org/news/accessory-dwelling-units-in-new-hampshire>
- **MWV Assisted Living Project Proposal:** Roxie shared her background as Director of Morrison Nursing Home in Whitefield, NH: <http://themorrison.org/> . Roxie worked with Jon Freeman of NCIC in Whitefield on an assisted living facility called the Summit by Morrison, a community where there are not a lot of regulations and measurements, yet there is still quality care: "Autonomy trumps safety." <http://www.berlindailysun.com/community/health/61293-summit-by-morrison-is-name-of-new-senior-living-center-under-construction> . Jon and Roxie shared demographics that will be affecting Carroll County, see pp: 11-12 of https://www.nhcounties.org/pdf/aging_and_the_healthcare_system_final.pdf . Howie Chandler, George Cleveland and Commissioner Hounsell have all been involved in the conversation about creating a similar facility in northern Carroll County. It would serve both Medicaid and independent payer population. Jon Freeman's role with NCIC is helping to identify all possible funding options to support the program. Roxie and Jon have the experience on the issues, identifying funding options are may be available, and the determination on the part of all partners will work to make things to happen! Next steps in the process:
 - Educate Carroll County residents about senior issues, with need to clarify that County is only considering funding of feasibility study, not the entire process.
 - Still awaiting final approval of the funds for the feasibility study,

- Are there other public-private partnerships available?
 - **Carroll County Rep on AHA Housing Strategic Group:** Marianne Jackson will be our connection to this workgroup.
- **Workforce:**
 - **Wolfeboro Home Agency Workforce Group Outreach:** update on efforts was not available. Emily will contact them to learn about their progress.
 - **MWV Regional Collaborative:** Roxie has already been in touch with MWVRC regarding skilled and ready workforce pipeline in healthcare sector to connect with the NH Sector Partnerships Initiative (Roxie is now heading up the Healthcare Workforce Sector Partnership: <http://www.nhworks.org/Sector-Partnership-Initiative/Overview/> .Roxie is looking into grants aimed at refugee home healthcare workforce, and convening workforce champions to work on the issue. There is Tuition Assistance for LNA's through community colleges now available. For more info: http://www.nhworks.org/uploads/NH_Health_Care_Asset_Map_3-2-17.pdf .
 - **Carroll County Rep on AHA Workforce Strategic Group:** Marianne Jackson (met 9/6)
 - We need to look at not just high school grads coming into the workforce, but those recent retirees who might be interested in home health non-medical care.
 - It was recommended that a list of exact jobs that are needed in Carroll County should be sent to Emily to forward to Roxie.
 - Promote healthcamps for our kids and other opportunities to engage children with seniors.
 - AHA Workforce Group is being kept updated on the Direct Care Workforce for Individuals with Alzheimer's/Dementia in Long-Term Care settings Commission as well as working on public engagement efforts regarding the shortage of the healthcare workforce.
 - **Home safety programs:** Jeff Jones, C3PH PHEP Coordinator
 - There are a lot of home safety program available, but Jeff needs to know what services are needed. Home evaluations could be offered through Meals on Wheels and home health care workers, but also Primary Care offices. We need education about home safety through community partners. There are groups who can actually do the work such as G.A.L.A. or a sober workforce crew at Whitehorse Addiction Center.
 - **Prevention Resources:** Jeff Jones and Emily for Jennifer Selfridge, C3PH Prevention Coordinator
 - Drug lock boxes are available but not not well-funded.
 - C3PH is working to offer Narcan trainings on a monthly basis so people can plan. C3PH can offer trainings to healthcare workers as a group by offering trainings in workplace settings as part of staff meetings. Contact

Jeff (preparedness@c3ph.org) and Jennifer (prevention@c3ph.org) for schedule trainings.

- There was discussion about the need to reframe the issue of addiction. A great resource for framing issues is the Frameworks Institute: http://frameworksinstitute.org/assets/files/canada/addiction_message.mo.pdf.
- **Advanced Care Directive Programming:** Marianne Jackson is working with regional VNA's & community partners to increase community knowledge about the importance of Advanced Care Directives. Marianne and Joan Lanoie of Visting Nurse Homecare and Hospice will work to create a one-pager about this issue. For more info: <http://www.vnhch.org/advance-care-planning>.
- **Grandparent Support Group:** Successful group is meeting at Wolfeboro Area Children's Center: <https://www.thechildrenscenternh.org/news/latest-news/448-support-group-for-grandparents.html>.
- **Update on local neighbor care programs:** Good Morning Program continues and Jackson Neighbor Care is growing.

Review other state and regional organization strategies

- **NH Alliance for Healthy Aging (AHA):** AHA workgroups that still need Carroll County Representation:

- Advocacy
- Transportation
- Care Coordination
- Caregiving: Carissa Elphick volunteered to serve
- Cross-disciplinary
- Information Coordination
- If members would like more info about AHA workgroups contact:

Alison Rataj, MSW

NH Alliance for Healthy Aging Researcher/Doodle Queen

Center on Aging and Community Living (CACL)

University of New Hampshire

[\(603\)862-5409](tel:(603)862-5409)

- **More events/trainings:**

- Sept. 20th: Healthcare Town Hall in Jackson: <http://www.jacksonnh.com/member/The-Whitney-Community-Center>
- Sept. 29th: Tri-State Collaborative Webinar: Tackling the Challenge of Social Isolation: <https://register.gotowebinar.com/register/8227269863127163394>
- October 10th: Advanced Care Planning and Jackson Neighbor Care Program Discussion at Jackson Community Church, Jackson, NH at 7pm.
- Nov. 28th: Tri-State Learning Collaborative on Aging Summit: Driving Community Home: What does it Take to Build a Lifetime Community <http://mailchi.mp/18f743f13ed6/mark-your-calendar-for-upcoming-tslca-summit?e=c46a0210ea>

2017-2018 Meeting Schedule: *currently 12/13, 3/14, 6/13 and 9/13, but it is subject to change., stay tuned!!*

Tri-State Learning Collaborative on Aging: Vermont,
New Hampshire, Maine

NH Alliance for Healthy Aging

Advocacy:
Meals on Wheels

Transportation

Zoning:
Age Friendly Communities

Workforce

Info Coordination

Other Groups:
Care Coordination
Caregiving, Cross-Disciplinary

State Committee on Aging:

Carroll County: TBD

Area Committees on Aging:

*Carroll County: Aging with Connection &
Purpose Workgroup*

Nutrition:
Meals on Wheels

Transportation:
ACC

Housing:
*ADU's, Assisted Living
Communities*

Home healthcare workforce:
Workforce Pipeline

Community Engagement:
*Advanced Care
Directives/Education*